

VOICE OF THE RESIDENTS

VOL. XXV, No. 5

BROADMEAD, COCKEYSVILLE, MD.

January, 2004

The Mental Light

Published in 1822, the concerns of age of two great men, Thomas Jefferson and John Adams, are reflected through exchange of letters. The character, standing and age of the writers, the one in his eightieth, the other in his eighty-seventh year, give them peculiar interest, and they cannot fail to be read with great pleasure.

From Mr. Jefferson to Mr. Adams :

Monticello, June 1, 1822

It is very long, my dear sir, since I have written to you. My dislocated wrist is now so stiff that I write slowly and with pain; and therefore write as little as I can. Yet it is due to mutual friendship to ask once in awhile how we do. The papers tell us that General Starke is off at the age of ninety-three. *** still lives, at about the same age, cheerful, slender as a grasshopper, and so much memory that he scarcely recognizes the members of his household.



*When clouds obscure the mental light
'Tis nature's kindest boon to die*

Is death an evil?. I have ever dreaded a doting old age, and my health has been generally so good, and is now so good, that I dread it still. The rapid decline of my strength during the winter has made me hope sometimes that I see land. During summer, I enjoy its temperature, but I shudder at the approach of winter, and wish I could sleep-through it with the dormouse, and only wake with him in the spring, if ever.

To turn to the news of the day, a war between Russia and Turkey is like the battle of the kite and the snake, then whichever destroys the other leaves a destroyer the less for the universe.

I hope we shall prove how much happier for the man the Quaker policy is, and that the life of the feeder is better than that of the fighter and it is some consolation that the desolation of these maniacs of one part of the earth is the means of improving it in other parts. Let us milk the cow, while the Russian holds her by the horns, and the Turk by the tail.

God bless you and give you health, strength, good spirits, and as much life as you think worth having.

Thos. Jefferson

Mr. Adams' Reply:

Monticello, June 11, 1822

Dear Sir-Half an hour ago I received, and this moment have heard read for the third or fourth time, the best letter that was ever written by an octogenarian, dated June 1.

I have not sprained a wrist; but both my arms and hands are so overstrained that I cannot write a line. Poor Starke remembered nothing and could talk of nothing but the battle of Bennington. *** is not quite so reduced. I cannot mount my horse, but I can walk three miles over a rugged mountain, and have done it within a month, yet I feel, when sitting in my chair, as if I could not rise out of it; and when risen, as if I could not walk across the room; my sight is very dim, hearing pretty good, memory poor enough.



I answer your question-is death an evil? It is not an evil. It is a blessing to the individual, and to the world, yet we ought not to wish for it till life becomes insupportable. We must wait the pleasure and convenience of the "Great Teacher." Winter is as terrible to me as to you. I am almost reduced in it to the life of a bear or a torpid swallow - I cannot read, but my delight is to hear others read; and I tax all my friends almost unmercifully and tyrannically against their consent. * * *

The ass has kicked in vain; all men say the dull animal has missed the mark.

In wishing for your health and happiness, I am very selfish; for I hope for more letters; this is worth more than five hundred dollars to me, for it has already given me, and it will continue to give me, more pleasure than a thousand. Mr. Jay, who is about your age, I am told experiences more decay than you do.

I am your old friend.

John Adams

From The Saturday Evening Post, among the collected papers of Helen Mary Overstreet.

To the Editor:

For just one year, I agreed to handle clothing for the Barn Sale. Fifty phone calls later, I had great respect for Donna Smith who did this job in past years.

Thanks to the faithful men who brought up 28 racks of clothes and boxes too numerous to count, we were able to unload onto tables in time for the second successful Barn Sale fashion show on Wednesday courtesy of Margaret Proctor. We opened promptly at 7:30 Thursday. Amazingly, all workers showed up on time - cheerful, and capable at their assigned jobs. Half-priced sale on Friday closed at 12:30, then ten stalwart men and women packed boxes with unused stock for charity until 3:30.

The Ballards delivered their share to "Paul's Place," Adele Schutz handled "American Friends Service", Margaret Proctor took hers to "Assisi," Sam Legg and I delivered to The Salvation Army and Goodwill. All of this skilfully managed by Bonnie Cox, who was most helpful throughout the sale. Activities picked up much apparel for private sale on Hallowell and Taylor which was much appreciated. This was a first, and will certainly be repeated.

Thanks to all. I'll see you in April - same place, same jobs. Stay healthy!

Paula Balser

VOICE of the RESIDENTS

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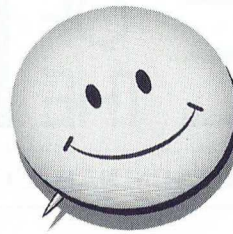
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Broadmead Welcomes

By Betsy Griffin

Helen (Bond) Hodgson

Q-10 410-785-2445 November 2003

Helen was born and raised on a farm in northern Baltimore County. She has a daughter and a son and three grandchildren living in Pennsylvania. She began her self-described "checkered past" as a Hutzler Brothers employee for fourteen years, rising to buyer status. She then worked at the Johns Hopkins School of Hygiene and Public Health followed by work with the Medicaid program of the Baltimore County Social Services Department and the State of Maryland and then to the Consumer Protection Division of the office of the Attorney General where she was the first female investigator and rose to chief investigator. After retirement from these active jobs, she opened a small antique business and is now ready to retire again at Broadmead.

MOVING AROUND BROADMEAD

	<u>From</u>	<u>To</u>
Ralph White	TH-310	TH-362
Wilbur Reitze	TH-314	TH-367
Mary Kay Farinholt	A-14	TH-308

IN MEMORIAM

John M. Nelson, III

August 21, 1918

November 23, 2003

William P. Beatson

July 15, 1912

November 28, 2003

Helen A. Peterman

January 12, 1919

December 1, 2003

Lillian Freudenberger Broadmead Trustee

By Colin MacLachlan

As a trustee at Broadmead, Lillian Freudenberger has only one more year to go. But you can bet that when her nine years of service are up she will have found some other public service spot to gravitate to and serve well.

The bottom line on this attractive, petite grandmother is that she's a "smart lady", who is a welcome asset to any management team. A Convinced Friend, she was tapped by the Stony Run Meeting to serve on the Broadmead Board of Trustees and she has built a reputation for good work.

Lillian came to Baltimore with her first husband who was the Port Manager for Seatrain Lines. When he passed away she married John Ariosa, a now retired builder and developer. Today she has many accomplishments to point to. First and foremost, she successfully raised two daughters from her first marriage, Andrea Butler, an attorney who works for a Federal Judge in Brooklyn, N.Y. and Erica Freudenberger, associate editor of the Saugerties (N.Y.) Times. Both daughters went to Friends School in Baltimore and, not so surprisingly, Lillian became involved in Friends affairs and also worked at a string of other volunteer positions. She

sometimes refers to herself as a "professional volunteer." Understandably so, for today she puts in time counseling Broadmead, the Friends Care Board, and her alma mater, the College of Notre Dame, as



well as helping her daughter Erica restore an 1860's house in Saugerties while also getting to know her two-year-old grandchild in Brooklyn.

At Broadmead, Lillian's goal is to help maintain its position as the lead Continuing Care Retirement Community (CCRC) in the area. "Broadmead is unique," she explains. "The staff has been in place for a long time and this makes for a strong, caring community. I see my objective as helping residents and trustees to understand each other better and work as a team to keep improving what is a pretty nice place to be."

TRUSTEES AND RESIDENTS WORKING TOGETHER

By Barbara Vosburgh

The Broadmead Board of Trustees Finance Committee consists of four trustees, two residents and one staff member. It is chaired by John Michener, both a trustee and a resident, who was an administrator at the Social Security Administration and at the Maryland Department of Human Resources.

Other trustees are Frederick G. Thomas III, a health economist at the Center for Medicare and Medicaid Services in Baltimore; Frank Brocato, an attorney with the firm of Brocato, Price and Janofsky; and Jeb Felter, Chair of the Broadmead Board of Trustees. Residents on the Finance Committee are Phil Schnering and Charlotte Hurtt. The Staff is represented by Pat Graham, Associate Director and Treasurer of Broadmead.

The Committee meets monthly to oversee the financial affairs of Broadmead. It reviews financial statements prepared by management and each month submits financial information to the Board of Trustees for their review.

The Committee reviews investment results with investment advisors on an annual/semiannual basis. It reviews and approves the annual operating and capital budgets prepared by management and submits these to the Board of Trustees for their approval. The Committee also recommends to the Board the rates and fees to be paid by residents.

THE CURSE OF THE ZEBRA

By Ruth S. Williams

Momma got bit by a zebra
As she drove through the safari zoo.
Momma got bit by a zebra.
Now what was a momma to do?

Momma had bought some dry food
To feed that black and white beast
But the camel snatched all the dry food
And proceeded to have a big feast.

The zebra stuck his head in the window
And looked for a morsel to eat.
Momma tried to roll up the window
For she was out of the tasty treat



Zebra looked at Momma's right arm.
That beast was hungry and mean.
He bit down on Momma's left arm.
Oh, it was a terrible scene.

Momma did scream, Momma did shout
As she tried to push that zebra out.
"I'll sue the damn zoo," Momma said.
Then she fell over. Momma was dead.

The zoo keeper picked up Momma's arm.
Oh, what a horrendous sight!
The keeper collapsed in alarm.
That arm was striped black and white.

So if you should go to the safari zoo
Buy lots of food for the zebra
Or Momma's fate may befall you
And you'll suffer the Curse of the Zebra.

DR. SEUSS ON COMPUTERS

*From the internet
contributed by Pete Hoffman*

If a packet hit a pocket on a socket on a port,
And the bus is interrupted as a very last resort,
And the access of the memory makes your
floppy disk abort,
Then the socket packet pocket has an error to
report.

If your cursor finds a menu item followed
by a dash,
And the double-clicking icon puts your window
in the trash,
And your data is corrupted 'cause the index
doesn't hash,
Then your situation's hopeless and
your system's gonna crash!

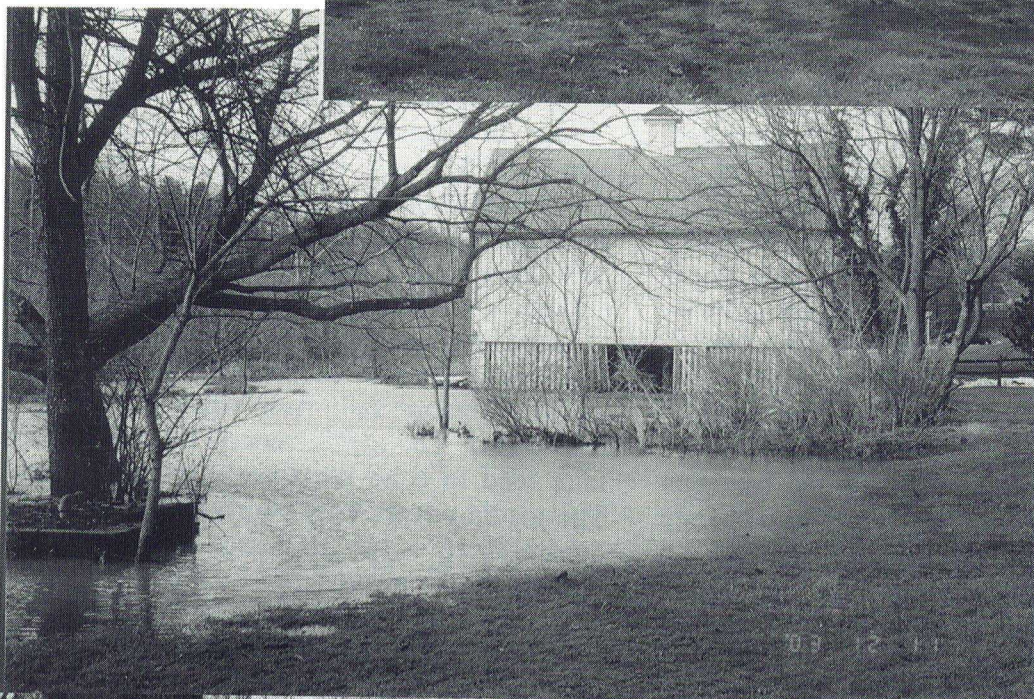
If the label on the cable on the table at your house,
Says the network is connected to the
button on your mouse,
But your packets want to tunnel to another
protocol,
That's repeatedly rejected by the
printer down the hall.

And your screen is all distorted by the
side effects of gauss,
So your icons in the window are as
wavy as a souse;
Then you may as well reboot and
go out with a bang,
'Cuz sure as I'm a poet, the sucker's gonna hang.

When the copy on your floppy's getting sloppy
in the disk,
And macro code instruction's causing
unnecessary risk,
Then you'll have to flash the memory and
you'll want to RAM your ROM,
And then quickly turn off the computer and
be sure to tell your Mom!

**Well, that certainly clears things up for
me. How about you?**

FLOOD!



Photos

by

Bob Davies



On December 11th the dogs' playground (photo to the left) was a bit too wet for canine capering. The other pictures pretty well speak for themselves. Can you identify the location in the top photo?

HOW MANY CHILDREN WILL BE LEFT BEHIND?

The Politics and Policies of Urban School Reform

By John Michener

Kalman Hettleman, former Baltimore City School Board member and a nationally recognized expert on education, discussed the politics and policies of urban school reform at the November 20th Open Forum.

Liberals tend to see lack of resources, discrimination, and sociological influences as the root causes of educational problems; conservatives see bureaucracy, unions and the public schools' educational monopoly as causes.

The key reason underlying this disagreement is lack of scientific research. The U.S. Department of Education has been much more politicized than the National Institutes of Health so nobody is churning out good research on school reform.

Another reason is an educational culture that devalues research. Teachers, principals, local boards, and state boards all feel they need no guidance from any higher level, particularly the federal level.

But they do need guidance. Teacher qualifications have dramatically decreased as new opportunities have lured many of the best and brightest elsewhere. There has also been a dramatic change in students from the inner city due to drugs, teenage pregnancy, and welfare dependency.

These changes necessitate that teachers be guided by research as to the best practices and programs. Research shows what works best, such as phonics versus "whole language," depends upon student upbringing and the societal environment with the structured approach of phonics working best with new teachers and inner city children.

Fifty to sixty percent of the children in Baltimore's schools need extra help to master the fundamentals. Those not receiving adequate help fall far behind, act out, and become behavior problems for which the school system refuses to take any responsibility.

The way out is for liberals to buy into more research and structured curriculum and conservatives to buy into more resources. A new educational federalism is also needed since only the federal government has the required resources.

These additional resources will not come

without accountability through standardized national tests. There is not too much testing, nor is it bad to teach to tests that measure what students need to know.

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WHAT IS HAPPENING IN THE WORLD AND HOW DO WE KNOW?

By Gretel Weiss

Mr. Sanford Ungar, President of Goucher College, spoke at the December 4, 2003 Open Forum. Dr. Ungar pointed out the vast changes in the United States and the world. since he first came to Goucher in 2001.

This semester Mr. Ungar taught a freshman seminar in order to induce fifteen young people to follow international news and to use reliable sources. He was astonished to find the bright students at this selective institution lacked information about geography and international affairs. He is now certain this lack would be found at any elite college or university. This lack of information has very serious consequences for the future since a very large number of students (and adults) take their information only from what their government tells them. The media reports on international affairs tend to echo what government officials say. The media covers very poorly what foreign policy debate there is, so it passes virtually unnoticed without public awareness of the dialogue going on, internally and internationally.

Mr. Ungar also discussed how the U.S. looks at the rest of the world, and how the world looks at us. Goucher attempted to provide a broader perspective on this issue at a recent program with international journalists. The journalists found something hypocritical about the United States selling "democracy" to the world, when what is really going on in the U.S. cannot be reconciled with what we are demanding of others. We need to be more honest about ourselves, lest our credibility continue to decline.

In a question period Mr. Ungar spoke about broader and reliable sources of information. He recommended listening to at least one non-American news source. Most important is that the young become aware the United States is only a small part of the world and that they need to understand what is going on in the rest of it.

HISTORY COMMITTEE REVIEWING BOOK DRAFT

By Paul Moore

A draft of the book commemorating the 25th anniversary of the opening of Broadmead has been completed and is now in the hands of the History Committee for review prior to publication later this year as part of a community-wide program marking the anniversary.

The book, tentatively titled "Profiles--Broadmead Over the Years 1979-2004," briefly traces the development of the Broadmead concept from the late 1800s when the Baltimore Yearly Meeting of Friends opened The Darlington on Bolton Street through to the completion and opening of our new facility 107 years later.

The work of the committees that guided that development is described in the first section of the book, "Before there was Broadmead." Eight additional sections are included. The second, "Early Days at Stony Run," details the efforts of the first Board of Trustees to lay the groundwork necessary to bring the new facility into being.

The third section, "The Dream Becomes Reality," deals with the opening of Broadmead and the travails of the early residents as they dealt with harsh winter weather and on-going construction and landscaping. That section is followed by one recounting the formation of the BRA.

The fifth section describes how the *Voice of the Residents* came into being within a month of the arrival of the "Mudders," and profiles the residents who have edited the publication over the years. A staff section follows in which some of Broadmead's early employees speak of their work and other challenges they faced in the early 1980s.

In the section devoted to medical care, the emphasis is on profiling the people who are responsible for providing that care and how they interact with the residents. Activities available at Broadmead are highlighted in the next section.

In the final section of the book, a series of resident profiles reflects the diverse backgrounds and interests of the men and women who make Broadmead their home.

The History Committee includes members Vivian Cord, Betsy Griffin, Lois Forbush, Carolyn Huffman, Kathaleen Kennedy, Catherine Motz, Patricia Rodak and Alice Tobler, along with a number of advisers.

VESPERS

By Elsa Lundgren

**The Reverend James Pullum
Stevenson A.M.E. Church**

Sunday, January 18th. 4:30 – 5:00 pm
Lounge and Auditorium

All are Welcome

WEDNESDAY WORSHIP AT BROADMEAD

By Bill Banks

**1st Wednesday Every Month at 10:30 am
EPISCOPAL COMMUNION**

Taylor East Lounge – 3rd Floor
Sponsored by Sherwood Episcopal
Church – York Road, Cockeysville

**2nd Wednesday Every Month at 10:30 am
CATHOLIC MASS**

Taylor East Lounge – 3rd Floor
Sponsored by the Catholic Community of
St. Francis Xavier, Cuba Road, Hunt Valley

**3rd Wednesday Every Month at 10:30 am
PRESBYTERIAN COMMUNION**

Stony Run Activities Room – 3rd Floor
Sponsored by Ashland Presbyterian Church,
Ashland Avenue, Cockeysville

BIBLE STUDY

**Thursday, January 15, at 10:30 am
In the Fireplace room**

**Led by The Reverend Beverly Braine
Rector, Immanuel Episcopal Church**

ALL WELCOME

BOOK DISCUSSION GROUP

By Nancy Starnes

**Monday, January 5 at 11:00 am
In the Auditorium**

Oryx and Crake

By Margaret Atwood

The discussion will be led by
The Reverend Dr. George Gray Toole
Retired Pastor of the Towson Presbyterian Church

All Welcome

SPY GLASS LOW VISION GROUP

Ms. Mary Jo Pons,
Director of Radio Reading Network
Tuesday, January 13, 2004
In the Auditorium

OPEN FORUM PROGRAM

Thursdays at 10:30, in the Auditorium
By Sonia Blumenthal

January 15th

"What's Hot in the Maryland State Legislature"

Ann Kellermeyer
2nd Vice President and Action Chair
Maryland League of Women Voters

January 22nd

"The European Union-Then, Now, and Future" **Johns Hopkins University, Graduate Student**

January 29th

"Baltimore in An Urban Ecosystem"
Dr. Alan R. Berkowitz
Head of Education, Institute of Ecosystems,
Millbrook, NY;
Education Team Leader, Baltimore Ecosystems
(a National Science Foundation-supported
long-term ecological research project)

MUSIC EVENTS

By Phil Schnering

**Thursday, January 8, at 7:00 pm
LET'S SING**

With Herb Merrick at the piano

**Sunday, January 11, at 2:00 pm
HOU FEI YANG**

With a Master's degree from The Peabody

**Sunday, January 25, at 2:00 pm
VALIENT DUO**

Tenor and Mezzo-soprano
Light classical and Broadway favorites

*All Welcome
In the Auditorium*

OPERA VIDEO

Friday, January 23rd in the auditorium, 7 pm
By Harry Blumenthal

"La Traviata"

by Giuseppe Verdi

A film directed by

Franco Zeffirelli

Metropolitan Opera orchestra and chorus
Starring Teresa Stratas, Placido Domingo
and Cornell McNeil

Bolshoi Ballet stars in ballet sequence
(105 minutes)

BIRD & NATURE STUDY, BUILDING & GROUNDS, CONSERVATION, AND TRAIL

COMMITTEES

**Thursday January 29th at 7 pm
In the Auditorium**

"Gardens and Grounds"

A Naturalist looks at the Broadmead Campus

Craig Tufts,

Chief Naturalist, National Wildlife Federation



BROADMEAD MOVIES

Tuesday Movies by
Thelma Becherer and
George Brownell
Saturday Movies by
Betty Douglas and
Jeanne Stephenson

January 3 **TALK OF THE TOWN**

1942 4 ½ stars 118 minutes * NR

Cary Grant, Jean Arthur, Ronald Coleman
When a charming fugitive, a beautiful teacher, and a stuffy law professor are forced to become roommates, their unconventional relationship is suddenly "the talk of the town"

January 6 **TWO WEEKS NOTICE**

2003 3 stars 119 minutes * PG 13

Hugh Grant and Sandra Bullock charmed audiences in this romantic comedy about a wealthy businessman and his attorney, who is tired of taking care of her boss.

January 13 **PRETTY WOMAN**

1990 4 ½ stars 107 minutes * R

Richard Gere, Julia Roberts, Jason Alexander. This is a story of a "hooker with a heart of gold" who bags "prince charming" in a dreamy romance. It will steal your heart.

January 20 **ERIN BROCKOVICH**

2002 3 ½ stars 103 minutes * PG

Julia Roberts, Albert Finney and Aaron Eckart in this Oscar-winning turn, a true story about standing up to a big corporation and winning. This production works both as a star vehicle and a compelling story.

January 27 **EVELYN**

2002 3 stars 93 minutes * PG

Desmond Doyle's life in Dublin, Ireland, flips upside down when his wife runs off with his daughter Evelyn and two sons, who are sent to an orphanage. With help of loyal friends and an American lawyer he wins custody of his children.

SATURDAY PROGRAMS

In the Auditorium at 7:15 pm

By Margaret Proctor

January 10

Waterfowling on the Chesapeake

C. John Sullivan

Author and expert on decoys,
he will bring copies of his book for sale.

January 17

Hank Kaestner

is back for his 22nd visit.
He will take us around the world
on his bird watching adventures.

January 24

Alice McGill

Actress, author and story teller
of African American Folk Tales
She was snowed out in December,
so we welcome her warmly in January.

January 31

The 100th anniversary of the
Great Baltimore Fire
Wayne Schaumburg,
historian and lecturer

M*S*S*H

Men's Saturday Social Hour



In the Lounge and auditorium
at 9:30 am

January 10th

&

January 24th



This is Broadmead's only all-male organization

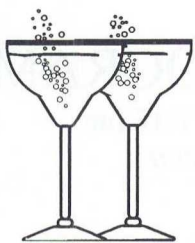
Don't miss the opportunity for "NEW" men
and "OLD" men to meet and greet.

Donation of \$1.00 to cover expenses

Come one, come all !!!

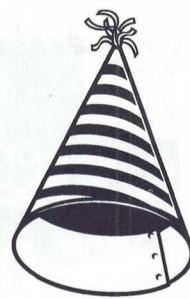
Coordinator Pete Peterson

Wear Your Name Tag



HAPPY NEW YEAR 2004

By Jane Earhart



In New York City's Time Square, the ball has fallen and revelers' merry making has subsided. Officially, January 1, 2004 has arrived. Now to bed and pleasant dreams. Some folks count sheep to induce sleep. How much better to "fall asleep counting our blessings."

We here at Broadmead have many blessings for which to be thankful: superior health care, nearly 50 activities in which to participate and perhaps most of all, the opportunity to live in a caring community where residents, staff and trustees attempt to learn about each other and appreciate each others goals and values.



Actually we live in a neighborhood. We don't live on streets or avenues; our clusters are the substitute. We tend our gardens, occasionally borrow the "cup of sugar" and look out for one another. Broadmead is diverse by race. We celebrate holidays that are meaningful to various groups: Christmas, Hanukkah, Kwanzaa, Martin Luther King's birthday and more.

Longevity in our neighborhood may be unique. Numerous residents live well into their nonagenarian years, many remaining in their cluster apartments. A major event for Broadmead in 2004 will be to celebrate the 25th anniversary of Broadmead's beginning in November 1979. This will be a banner occasion for the community.

As we look forward to the months ahead in 2004, we know we'll be able to "fall asleep counting our blessings."



Broadmead

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